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# Feminist Gamer Social Identities

Michael Winters and James L. Williams

## Abstract

In 2020, the Electronic Software Association reported that women are just under half of all video game consumers. However, video games as an industry and communities of gamers are apparently resistant to the presence of women and especially feminists in these spaces. The events of #GamerGate serve as a stark reminder of the response to women and feminists in gaming spaces. We aim to contribute to a growing field of research by exploring why women who are feminists continue to identify as gamers in the face of such hostility. The first author interviewed 10 self-identified women who detailed their experiences as both gamers and feminists. We found that gamer and feminist identities impact each other in complex and surprising ways, leading to the creation of personal philosophies and social groups that support both social identities concurrently. We also discuss implications for future research.

**Keywords:** Feminist Gamers, Social Identity, Feminist, Feminist Identity, gameenvironments

**To cite this article:** Winters, M. and Williams, J. L., 2021. Feminist Gamer Social Identities. *gameenvironments* 14, 119-169. Available at <http://www.gameenvironments.uni-bremen.de>.

In 2020, the Electronic Software Association (ESA), in their annual report on the video games industry, found that the average gamer is 35 years old (ESA 2020, 5). Additionally, they also reported that women age 18 and older represent a significantly greater portion of the game-playing population than boys under age 18 (ESA 2017), which runs contrary to what many people assumed to be the average game consumer (Dietz 1998, Chess, Evans and Banes 2017). The most popular genres according to the ESA (2017) are shooters, casual games, or action games. In 2016, the American video game industry earned \$30 billion dollars, making it one of the largest industries in the United States (ESA 2017).





apparently resistant to both identities as noted by Gray et al. (2017, 2-3) and Phillips (2020). The study is also interested in the ways women and feminists maintain social circles within the contexts of both gaming and feminism. Additionally, we aim to see how women and feminists view the gaming community overall, as well as what they would like to see from the video game industry regarding their inclusion.

## Literature Review

### Gaming and Social Interaction

In terms of games studied, most social scientists have analyzed the impacts of several genres of games. By far, the most common genre is the massively multiplayer online role-playing game (MMORPG), an online-based multiplayer game that requires cooperation between players to complete various objectives (Waddell and Ivory 2015). Other genres examined include shooter games, which can include single- or multiplayer campaigns (Kuznekoff and Rose 2012); and action-adventure games, which are typically single-player but can include multiplayer elements (Pérez Latorre 2015).

The real-world impact of digital interaction on behavior and identity has been tied to the study of gaming because of the vast array of game types available to consumers, the success of the video game industry as a whole, and controversies regarding problematic behavior in gaming spaces. Additionally, gaming literature has shown that experiences in an online setting have effects both online and offline. For example, Greitemeyer and Mügge (2014, 583-584), in an extensive meta-analysis of available literature spanning experimental, correlational, and longitudinal studies, found that violent video games increase aggression and decrease prosocial outcomes in an offline setting, while prosocial video game play had the opposite effect. Cole







structures such as the family or the church (Yarrison 2016). These identities are thought to result from aggregate individual and social circumstances (Burke and Stets 2009, Hogg 2006), such as group visibility or gender socialization (Carter 2014).

One of the personal and social circumstances that influence identity development as a gamer is the creation of game characters. Karen Isbister (2006) found that people become attached to the personalized characters (avatars) that can be created in video games. An avatar that more closely resembles a player is more likely to psychologically or emotionally attach the player to the game world and, theoretically, any communities that build up around the play of that game (Euteneuer 2016). This should, in turn, lead to the creation of a gamer identity in any person who plays these games. However, most games do not include the option for a player to design a character that resembles them. Primary protagonists in games have often been archetypically designed as cisgender, heterosexual, white, and male (Chess, Evans and Baines 2017, Dietz 1998, Euteneuer 2016, Ivory 2006, Kondrat 2015). This in turn has led to the creation of a gamer social identity as belonging to straight white cisgender males (Mortensen 2016, Cote 2018).

In this context it is important to remember that female gamers are more reluctant to identify themselves as gamers, especially as the prospect of actual or perceived discrimination by male gamers becomes more likely (Vermeulen, Bauwel and Looy 2017, McLean and Griffiths 2018). Shaw (2012) ultimately found that negative attributions to game playing were likely to reduce the likelihood of an individual adopting a gamer identity. Understanding this in terms of the rise of gatekeeping of who is and is not a *true gamer* that underlies the events of #GamerGate (Chess and Shaw 2015, Gray et al. 2017) indicates that anyone who does not fall into all of the four identifiers of the prototypical gamer identity (cisgender, heterosexual, white, and

male) would be cumulatively stigmatized in the gaming community and thus become increasingly unlikely to identify themselves as a gamer.

Of concurrent interest to this study is the development of feminist identities and subsequent self-identification as a feminist. Unlike the gamer identity, there exists a popular model that traces the development of one's eventual self-identification as a feminist. The feminist identity development model that was developed by Downing and Roush (1985) explained that women move through a series of stages from passively accepting traditional gender roles to self-identification as a feminist through internalization of feminist concern and social interactions with other feminists. Liss and Erchull (2010), in a study of female self-identified feminists and non-feminists, found that self-labeled feminists were more likely to acknowledge and publicly discuss sexism, unjust gender differentials, and the need for women to work together for change, especially as these self-labeled feminists came closer to identifying with prototypical feminists. This discussion of feminist prototypes is important because favorable attitudes toward these prototypes are not only associated with claiming a feminist label but also with a willingness to intervene when confronted with everyday sexist behavior, especially if that self-identified feminist felt more likely to be personally vulnerable to the effects of that everyday sexism (Weis et al. 2018). In another recent study of self-identified feminists, Kelly and Gauchat (2016) found that respondents with a feminist identity were likely to be associated with progressive attitudes on gender, sexuality, race, and intersectional social justice.

While there has been no strict formal examination as of yet, it seems somewhat clear that self-identified feminists would generally be opposed to the current sexist state of gaming. In contrast, it appears that self-identified gaming communities have made little space for the imminent concerns of feminists. Yet, there exist people who

straddle the line between the two communities, as evidenced by #GamerGate victims Anita Sarkeesian, Brianna Wu, and Zoe Quinn, all of whom are both prominent feminists and video game consumers (Chess and Shaw 2015, Gray et al. 2017). A burgeoning field of research has analyzed the way race, gender, and sexual identity have intersected with video game culture, namely in the ways that contribute to identity-based harassment, disparities in development and in-game representation, and the creation of alternative gaming spaces that are more inclusive (Cote 2018, Gray et al. 2017, Phillips 2020). This research aims to contribute to these findings.

**Social Identity Theory**

Social identity theory suggests that membership (or perceived membership) in a social group affects the sense of self in terms of social categorization (Tajfel and Turner 1986). Social groups are characterized as two or more individuals who share similar identities and evaluations of themselves, including definitions of who they are, what attributes they have, and how similar or different they are to people who are not a part of the group (Hogg 2006). Social categorizations produce prototypes, which are collections of perceptions, attitudes, behaviors, and other attributes that are meaningfully related and understood as being similarly shared with members of certain groups (Hogg 2006). These prototypes provide instructions for behavior and cognition that is consistent with membership in a certain group. The creation of this prototype social identity is also what distinguishes other individuals as either in-group or out-group members (Tajfel and Turner 1986).

This theory is a popular choice for understanding ideological movements because the theory suggests that members of an in-group will maximize the differences between their groups and competing outgroups (Tajfel and Turner 1986). While this theory to our knowledge has not yet been applied to the apparently competing ideologies of











respondent (10%) indicated that they were homosexual. Participants are referred to using the pseudonyms assigned to them during the transcription process.

Six (60%) respondents indicated that they started playing games between the ages of 5 to 10; two (20%) of respondents indicated that they started playing games between the ages of 11-13; and two (20%) of respondents did not indicate when they started playing games. Seven (70%) of respondents indicated that they played games every day; two (20%) indicated that they played games several times a week; and one (10%) indicated that they played once per week. Role-playing games (RPG) were the most popularly discussed genre, with eight (80%) respondents mentioning that they play these games. Seven (70%) respondents indicated that they played action/adventure games; six (60%) indicated that they played tabletop games; five (50%) indicated that they played shooters; five (50%) indicated that they played puzzle games; and two (20%) indicated that they played simulation games.

**Sexism, Women, and Gaming Identities**

For the gamers interviewed here, many did identify themselves as a gamer in a community of other gamers. This was reflected not only in the choice of games they played, but in the other gamers they surrounded themselves with. Such categorization stemming from membership in a group could be seen in how important each respondent saw gaming to their lives, how frequently they game, and what gaming entails for them. From these excerpts, it is clear that all respondents have made membership in a gaming community to be a primary part of who they are as an individual and a key component in many social relationships, including marriages and positions of authority in gaming spheres:

"[Gaming is] very important. I met my husband through [it] . . . [it's] my primary hobby. [Games have] been a source of income for me. I have many friends that I've made through gaming. It is critically important to my life. . . I am a moderator on an all women's group about role playing games on Facebook and we have 30-40,000 members and it's a pretty active community. . . I'm also a moderator on the Dungeons and Dragons fifth edition page and we have about a hundred and twenty thousand people." (Miranda, Personal Interview, 25 January 2018)

Respondents also discussed their membership in gaming communities with reference to a prototypical gamer. Each respondent indicated that for others, the prototypical gamer was male, thus making them ineligible for gaming community membership at some point in their lives. Many indicated that where gender was not an explicit reason for differential behavior, exclusion or hostility came in the form of negative or gender-specific evaluations of gaming choices that they played – namely, that such choices were made specifically for or by women and thus may not lay claim to being indicative of a real gamer. This confirms a wide swathe of previous research on the difficulty that female gamers have faced in being a part of the gaming community (Brehm 2013, Cote 2017, Cote 2020, Dietz 1998, Gray et al. 2017). The following excerpt illuminate this trend:

"I've always had one of three experiences. One, people got super super sexist immediately because they hear a female voice over the com and I would log off immediately. The second thing that would happen would be that they felt the need to play differently with me and they would super protect me or they would over help me out . . . the third thing that would happen would be that they would assume I don't know how to play the game, so anything that I said was just completely ignored or just second-guessed and it was just a constant fight to even be of any meaning to the team because they would just go out of their way to play as if I wasn't there." (Tabitha, Personal Interview, 30 January 2018)











“Most of my friends think the same way that I do. I’ve met some people on Facebook and Steam through what I share, and we like each other’s stuff but I wouldn’t say we talk to each other a lot. I wish we would though.” (Morgan, Personal Interview, 30 March 2018)

Through a combination of the apparent prototype of a feminist as a self-educated, intersectional-leaning individual and the tendency to surround oneself with ingroup members, it appears that these feminists were likely to put their energy toward activism based on their feminist philosophies. Many of these people mentioned that they were willing to openly discuss their feminist viewpoints and advocate on behalf of others. For instance, many respondents indicated that they were active for #MeToo, a movement where women in the entertainment industry and beyond began sharing their stories of sexism and sexual assault, largely through social media posts (metoo n.d.):

“I went to a presentation [about #MeToo] at my school about it. I shared my own story.” (Claire, Personal Interview, 16 February 2018)

“I may have perhaps shocked a few men when even people as mouthy and wordy as myself, I had said ‘yes, this is happened to me and people that I know.’ I don't think many of my guy friends had thought about that or thought about me like that.” (Miranda, Personal Interview, 25 January 2018)

**Tabletop Gaming**

Although this study began as an exclusive study on the development of gamer identities as a product of video game consumption, 6 respondents (60%) also discussed their experiences in terms of tabletop gaming. Tabletop gaming for the purposes of this study include the following types of games: board games (mentioned games: *Monopoly* [1935], *Clue* [1949], *Caverna: The Cave Farmers* [2013], *Castles of Burgundy* [2011], *Zombicide* [2012]); card games (mentioned games: *poker*, *Magic the Gathering* [1993]); wargaming or strategy-based battle scenario games

















Interestingly, almost all respondents indicated that their identities as gamers were influential in forming, maintaining, and activating feminist identities. A combination of high-profile news events like #GamerGate and #MeToo, personal experiences with the gaming community and consumption of gaming products, and connection with like-minded people in gaming spaces lead to an activated feminist identity.

Respondents cited poor treatment of nonwhite, non-male, nonheterosexual, and non-cisgendered individuals by the greater gaming community and a lack of good representation of these individuals in video games as factors in becoming or acting as a feminist. It is important to note that this criticism was directed almost exclusively toward video games because respondents indicated that the social nature of tabletop games, combined with the agency that comes in playing these games, might make them more conducive to inclusive, intersectionally feminist gaming. While it is evident that feminism does contribute to the solidarity of gamers who are women in terms of forming communities that are more gender-balanced and inclusive, it nevertheless remains the case that these communities were created as a response to actual or perceived threats to these gamers.

The third research question asked how the identities of gamer and feminist in women may interact, considering the gaming community's apparent hostility toward women generally and feminists specifically. Overall, this study found that while the activity of gaming may have informed how the respondents came to call themselves a feminist, it is their feminist identities that become the most prominent and the most salient when discussing the issues of gaming, women, and feminism. It is important to note that these feminist identities did not appear in opposition to gaming communities nor gaming in a general sense. Perhaps influenced by their experiences as gamers, respondents instead were likely to use their feminist perspectives to illustrate what a better, more inclusive gaming community might look like. As mentioned above, most



with the group that has marginalized respondents. Although the first author did seek permission and endorsement from all social media group moderators before recruiting participants, it is important to mention researcher characteristics because it may have played a role in willingness to participate in this research, how answers may have been formed, and how data may have been analyzed. A researcher who is female, nonwhite, and/or transgender may receive different rates of participation and different insights from this population.

Interviews were semi-structured, with probing questions used contextually according to the parameters of each unique interview. While all participants received the same question schedule, each participant also received individualized questions that may affect the reliability of the data. Additionally, the interview questions aimed to capture insights on the perceptions of the individuals. As a consequence of this methodological choice, the actual severity or frequency of instances targeting them as women or as feminists was not measured.

Each interview was conducted online using video and text messaging services such as Facebook Messenger and Skype. Some interviews suffered technical difficulties, such as dropped calls, stuttering, and lag. For these reasons, some participants provided multiple answers to the same question. This may have instilled fatigue in the respondent and thus affected the veracity of some answers.

This study limited its sample to respondents who identified themselves as women. This means that feminist gamers who are men were not sampled. Because of the potentially intermingling effects of gender on feminist identities and on gamer identities (and any relationship between the two), a study of self-identified male feminist gamers should be conducted. An additional limitation of this study is that it

strictly looked at the experiences of participants who identified themselves summarily as women, as feminists, and as gamers. Although most respondents did voluntarily reveal some information about their age, ability, race/ethnicity, sexual orientation, or transgender identity, it was not asked from participants. While any of these characteristics could potentially impact the experiences of the individuals interviewed, any findings in this study related to these characteristics should only be considered incidental until further studies are conducted focusing on these aspects.

This study advances social identity theory in a number of ways. First, this study expands social identity theory to the discussion of feminist gamers and gaming communities. Specifically, we detail the creation of social groups that support social identities. Each respondent indicated finding or forming unique communities to which they can become in-group members. These feminist gamer communities were formed in response to apparent out-group membership to the general gamer community from which they were pushed away. In the case of women who are feminist gamers, in response to personal experiences and social categorization resulting from #GamerGate and personal experience with sexism, participants indicated that they actively sought out like-minded individuals who would concurrently support their gamer identities, their feminist identities, and their identities as women.

This study also contributes to social identity theory by exploring how people can self-identify as feminists without relying on an academic background. Each participant noted that – while they may have been exposed to so-called formal feminist texts or discourse, i.e. from a university – they learned what feminism is and what it means to them through their interactions on social media, in gaming spaces, and through personal interaction with others in their life. Respondents largely indicated that their



interactions with gamers and gaming itself. In fact, most respondents indicate that their gaming experiences are largely positive due to the connections that they make with like-minded people and the work they can do to make gaming spaces more inclusive and accommodating. These findings highlight the need to move beyond discussion of #GamerGate toward a larger focus on the everyday experiences of sexism, racism, homophobia, and transphobia – and reactions to these issues – in video game spaces.

One recurring finding across interviews was the presence of alternative gaming spaces. Respondents mentioned creating or seeking out spaces where they could participate in gaming and interact with other gamers without their identities as women or feminists becoming contentious topics. Each participant noted that these spaces were made or sought out of necessity to continue enjoying their hobbies, rather than as a positional standpoint aimed at directly opposing larger video game trends or the general gaming community. Interestingly, such alternative gaming spaces appeared to have a large role in the activation and maintenance of feminist social identities, which in turn strengthened each individuals' appreciation for gaming and gaming culture.

A final consideration is the different realms of gaming discussed in this study. Although this research set out to discuss the medium of video games exclusively, several topics were spontaneously identified by the respondents as they answered interviewer questions. Many respondents made necessary distinctions between the video game community and other related but distinctly separate communities, such as tabletop gaming, which for this study provided some interesting contrasts in terms of identity and social group membership compared to video gaming.







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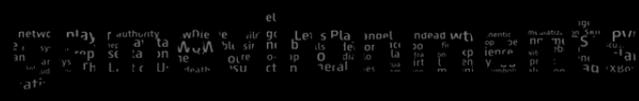
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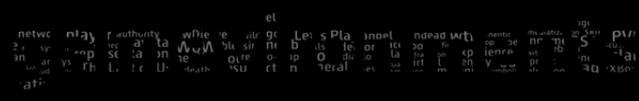
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8. As a whole, do you feel like the video game community is generally antifeminist?
  - 8a. Yes: Why do you feel this way?
  - 8b. No: Why do you feel this way?
9. Do you feel like video game developers are making an effort to create video games or gaming spaces that align with feminist values?
  - 9a. Yes: Can you provide an example?
  - 9b. No: Can you provide an example?
10. Are there any video games, modern or classic, that you see as being feminist?
  - 10a. Yes: Please identify one and explain your reasoning.
11. Do you feel like you are well-represented in video games?
12. What are some things that you would like to see as a common feature of video games in the future?